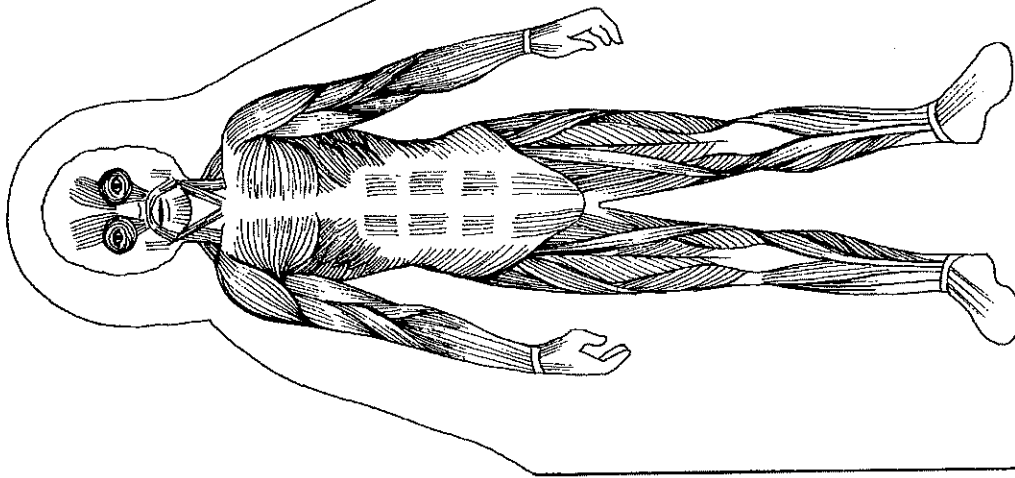
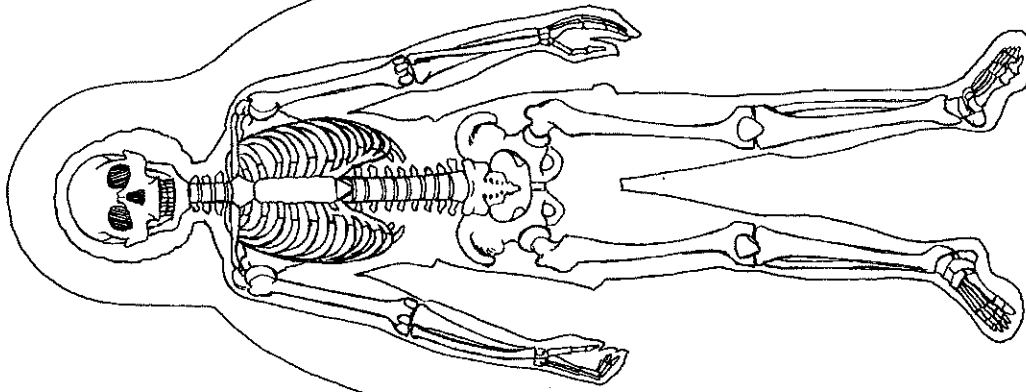


The Body Book



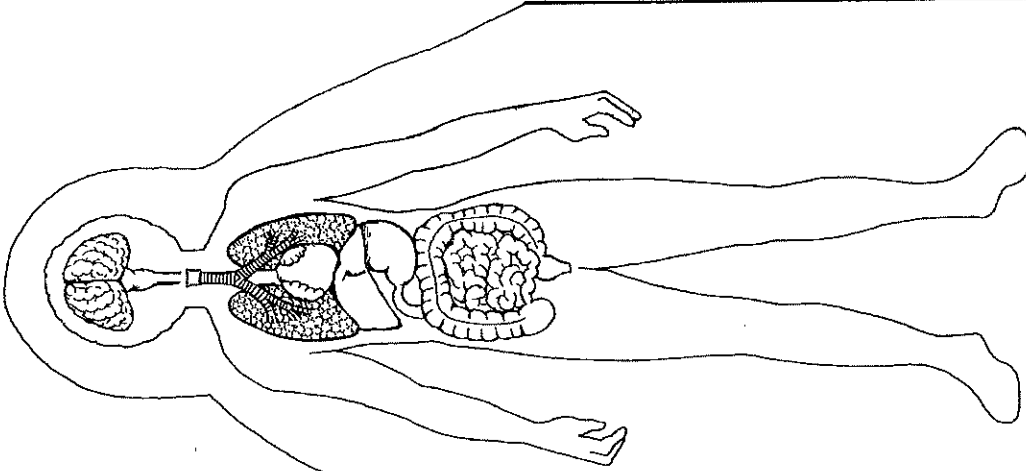
Muscles are under your skin.
There are more than 600 muscles
in your body.
You depend on your muscles for
every move you make!

2



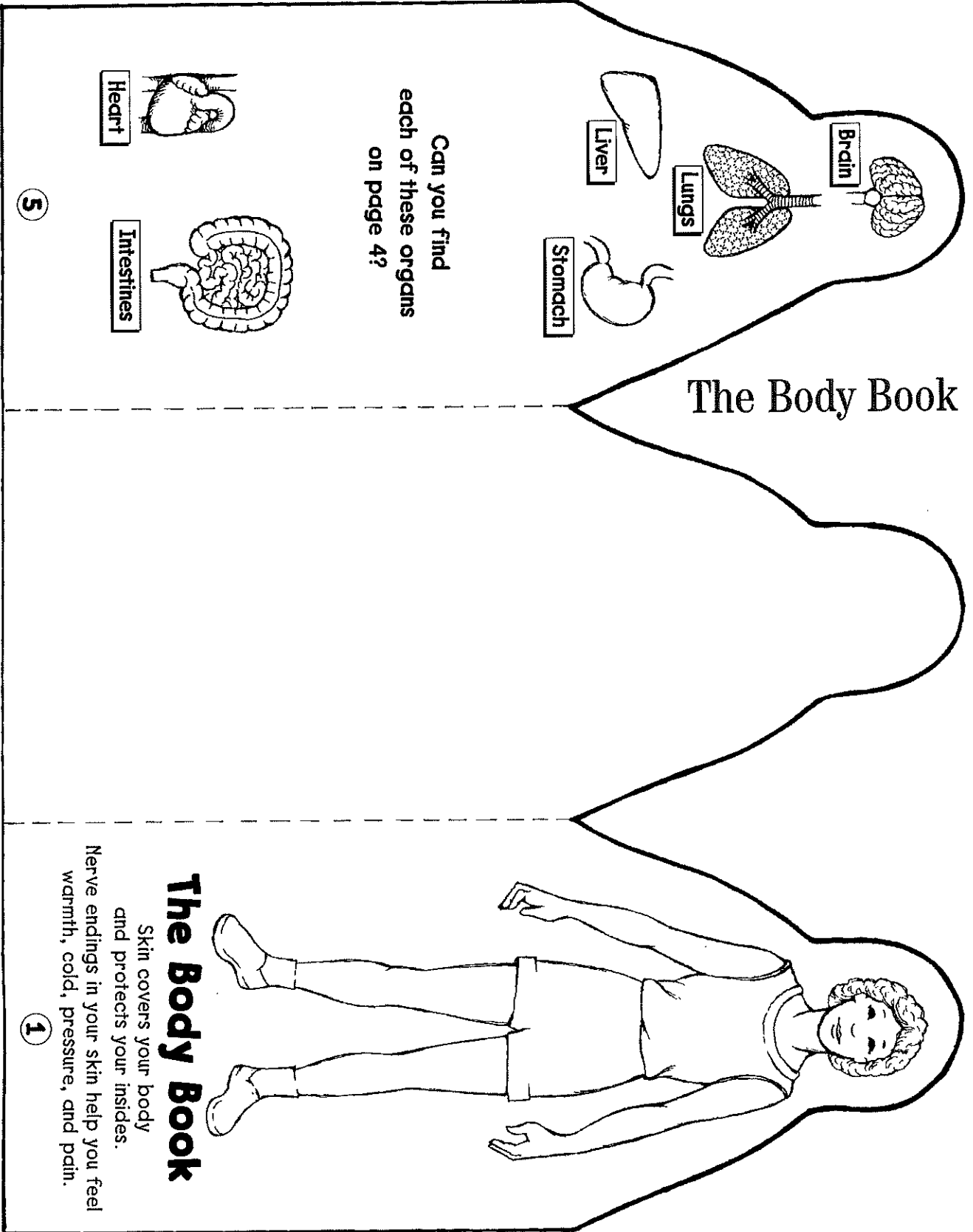
Bones are under your muscles.
They hold you up and give
your body shape.
Bones also protect important organs.

3



Your brain, heart, lungs, stomach,
and other organs are under
your bones.
Each has its own job to do.

4



The Body Book

Can you find
each of these organs
on page 4?

Brain

Lungs

Liver

Stomach

Heart

Intestines

5

The Body Book

Skin covers your body
and protects your insides.
Nerve endings in your skin help you feel
warmth, cold, pressure, and pain.

1