## **Learning Styles and Preferences**

- What did you learn most recently?
- Why did you want to learn this? What was your purpose for learning?
- Was your learning motivated by curiosity or necessity?
- How did the learning happen—by doing, watching, talking, or studying?
- Who else was involved in the learning process? How did they help or hinder?
- Where did the learning take place? Did you like that place?
- How did you know you were successful?
- Would you have liked anything to go differently?

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