Parent Help for Homework

- 1. Help set up a consistent, organized space in the home to complete assignments.
- 2. Help your child establish either a consistent schedule for completing homework or help him create a schedule each Sunday night that reflects that particular week's activities.
- 3. Determine with your child an appropriate rewards system to motivate their effort and persistence. Children need praise and accolades for a job well done, just as adults do!
- 4. Encourage, motivate, and prompt your child, but do not sit with her and do the homework with her. The purpose of the homework is for your child to practice or elaborate on what she has learned as well as prepare for upcoming learning objectives. Ask if they have reviewed their self-monitoring checklist, reread directions, or class notes. If your child is consistently not able to do the homework by herself, please contact the teacher. It may prove to be an opportunity for self-advocacy.
- 5. If your child is practicing a skill, ask him to tell you which steps are easy for him, which are difficult, or how he is going to improve. If your child is doing a project, ask him what knowledge he is applying in the project. If your child is consistently unable to talk about the knowledge he is practicing or using, please call the teacher.
- 6. Although there might be exceptions, the total minutes your child spends on homework should equal approximately 10 times her grade level (a 7th grader 70 minutes and 8th grader 80 minutes).
- 7. When bedtime comes, please stop your child, even if he is not done.